

GOOD MORNING

..... TRADITIONAL IRISH BREAKFAST

*Grilled Bacon, Sausage, Tomato, Sauté Mushrooms,
Black & White Pudding (1,11) & Egg (cooked to your liking)*
(GF Alternatives Available)

..... OMELETTES: (GF)

Smoked Salmon & Chives (1,5) Cheddar Cheese (1,2)
Mushroom & Tomato (1) Vegetarian Omelette (1)
Onion & Herb (1)

..... CHOICE OF FISH

Grilled Smoked Kippers Fish of the Day
with Lemon & Parsley (Poached or grilled)
Butter (2,5)(GF) (2,5)(GF)

..... EGGS BENEDICT

English Muffin, Bacon & Hollandaise Sauce (1,11)
(GF Available)

..... FRENCH TOAST

Served with Berry Compote or Maple Syrup (1,2,11)

..... PANCAKES

*Warm Vanilla Pancakes with Maple Syrup
or Berry Compote (1,11)*

..... VEGAN BREAKFAST

*Sauté Potatoes, Tomato, Mushroom, Beans,
Vegan Pudding & Vegan Sausage (GF)*

..... FLAHAVAN'S ORGANIC PORRIDGE

Choice of Toppings
Maple syrup | Berry Compote | Peanut Butter
Honey | Bailey's Irish Cream Liqueur
(GF Available)

*Please tell your server if you need Gluten Free options or if you
have specific food allergies as most dishes can be adjusted to be
suitable. Thank you.*

**ALL OUR PRODUCTS ARE LOCALLY SOURCED
& OUR EGGS ARE FREE RANGE ARDFERT EGGS.**

We Hope You Have A Lovely Day