

Johnny Frank's

----- AT MEADOWLANDS -----

12.30pm -5pm

Light Bites

Homemade Carrot & Orange Soup €5.20
Freshly Baked Bread & Butter (1,2,11)
(Gluten Free & GF Bread available)

Meadowlands Seafood Chowder €7.20
Freshly Baked Bread & Butter (1,2,5,11)
(Gluten Free & GF Bread available)

Homemade Lemon & Cracked Black Pepper Fishcakes €8.95
Mixed Leaves & Tartare Sauce (1,2,5,11)
Main Course with Chips & Salad €11.50

Dingle Goats Cheese Flatbread €8.95
Bacús Flatbread, Caramelised Onion, Soft Goats Cheese, Walnuts & Balsamic Glaze (1,11,13)

Ardfert Rooster Potatoes & Knockatee Cheddar Cheese Croquettes €8.95
Garlic Aioli (1,2,11)

Salads

Grilled Chicken Caesar Salad €9.50
Cos Lettuce, Crispy Bacon, Garlic Croutons, Parmesan Shavings (11)

Butternut-Squash & Feta €9.50
Oven Roasted Butternut-Squash with Feta Cheese, Caramelised Onions, Multi Seeds & Homemade House Dressing (7,10)

Main Courses

Goujons of Haddock €12.50
Lemon & Black Pepper Crumb with Caper Mayonnaise (1,2, 5,11)

Creamy Pasta Carbonara €11.50
With Chicken, Bacon & Mushroom (2,11)
(Gluten Free Option Available)

Daily Specials

Please ask your server for our specials of the day

Health Bowl

Mixed Salad, Sweet Potato, Roasted Vegetables Topped with Sriracha Dressing

Spicy Chicken Prawns €8.50
€9.50

Speciality Sandwiches

Spiced Chicken Wrap €10.95
Served with Chips & Salad (11)

Vegetarian Wrap (Vegan) €7.50
Roasted Vegetable, Sun-dried Tomatoes & Multi-Seeds (7,11)

Toasted Special €6.50
Home-cooked Ham, Cheddar Cheese, Red Onion & Tomato (11)
Served with Chips €9.50

Steak Sandwich €14.95
6oz Steak, Sautéed Onion & Mushrooms, on Sourdough bread, Pepper Sauce, Salad & Fries (11)

Crushed Chickpea (Vegan) €7.95
Delicious Hearty & Crunchy Smashed Chickpeas & Vegetables & Cos Lettuce, Sourdough Baguette(11)

Chicken Tikka, Red Kidney Bean, Baby Gem €7.95
Served with Pitta Bread (2,11)

B.L.T. €8.35
Bacon, Cos Lettuce, Vine Tomato on Toasted Sourdough Bread Served with Tomato Relish (11)

Open Homemade Brown Bread Sandwiches
Open Brown Bread Tuna Melt €7.95
Tuna, Mayonnaise, Red Onion & Cheese (1, 5,2,11)

Open Brown Bread Smoked Salmon €9.95
Caper & Marie Rose Sauce (1,2,5,11)

Open Brown Bread Egg Mayonnaise €5.95
Served with Cos Lettuce (1,2,11)

Sides

Chips €3.25
Wedges
Side Salad
Onions Rings (11)
Potato & Veg(2)

Desserts

Please ask your server for our desserts of the day

Gluten Free Bread or Pasta available