

JOHNNY FRANK'S

LUNCH MENU

Served 12pm-5pm



LITE BITES & SALAD

Homemade Soup of The Day €6.95
Freshly Baked Bread (2,11 Wheat)

Meadowlands Seafood Chowder €9.50
Freshly Baked Bread (1,5,9, 11 Wheat)

Dingle Bay Fish Cakes €11.50
Lemon and Cracked Black Pepper, Home-made Tartar Sauce & Lemon (1,2,5,11 Wheat,13)

Main Course with Chips & Salad €15.95

Halloumi Salad €13.95
Marinated Grilled Halloumi, Baby Spinach, Salad Greens, Cauliflower Rice, Pomegranate, Fresh Herbs, Mixed Seeds, Balsamic Dressing (2,7,8)

Add Roast Chicken €15.95

Chicken Caesar Salad €14.50
Grilled Chicken, Cos Lettuce, Crispy Bacon, Garlic Croutons, Parmesan Shavings (1,2,11 Wheat,13)

Organic Dingle Goat's Cheese Salad €14.95
Tomato Focaccia, Roasted Vegetables, Dingle Goat's Cheese, Red Onion, Rocket, Pesto & Multi-Seeds (2,7,11 Wheat)

Add Spiced Chicken €15.95

LUNCH MAIN COURSE

Goujons Of Haddock €16.95
Lemon & Black Pepper Crumb, Homemade Tartare Sauce, Chips & Salad (1,2,5,11 Wheat,13)

Chicken, Bacon & Mushroom Penne Pasta €16.95
In a Creamy White Wine Sauce, Parmesan Cheese, Garlic Bread (2,9, 11 Wheat)

Baked Spinach & Ricotta Cannelloni €16.95
Tomato Sauce, Mozzarella & Chips (2, 11 Wheat)

SPECIALTY SANDWICHES

Spiced Chicken Wrap €12.50
Spiced Chicken, Salad, Siracha Mayonnaise, Chips & Coleslaw (1,2,11 Wheat,13)

Toasted Special €11.95
Tralee Ham, Cheddar Cheese, Red Onion & Tomato, Chips & Coleslaw (1,2,11 Wheat, 13)

Steak Sandwich €18.95
6oz Steak, Sautéed Onions & Mushrooms on Sourdough Baguette, Pepper Sauce, Coleslaw & Chips (2,11 Wheat)

B.L.T. €12.95
Bacon, Cos Lettuce, Vine Tomato on Toasted Sourdough Baguette, Coleslaw & Chips (1,11 Wheat,13)

Open Brown Bread Smoked Salmon & Prawn €14.95
Caper, Lemon & Marie Rose Sauce (1,2,3,5,11 Wheat,13)

Salmon Mayonnaise Roll €13.95
Crusty Baguette, Salmon, Mayonnaise, Cos Lettuce, Pickled Cucumber (1,2,5,11 Wheat,13)

SIDES

Chips €3.95

Potato Wedges (11 Wheat) €3.95

Side Salad (13) €3.95

Onions Rings (11 Wheat) €3.95

Potato & Vegetables (2) €3.95

TEA/COFFEE

Tea €2.60

Espresso €3.10

Latte €3.60

Flat White €3.60

Herbal Tea €3.30

Chai Latte €3.60

Americano €3.30

Cappuccino €3.60

Mocha €3.60

Hot Chocolate €3.60

Macchiato €3.10

Macha Latte €3.60

Oat Milk, Soya Milk and Almond Milk - 0.50c extra

Allergen & Diet Guide Numbered Code: - Before you order food or drink, please speak to your server if you have a food allergen or food intolerance.

1. Eggs

3. Shellfish

5. Fish

7. Sesame

9. Sulphur Dioxide

11. Cereals with
Gluten

12. Celery

14. Lupin

2. Milk

4. Molluscs

6. Peanuts

8. Soy

10. Nuts

13. Mustard

We use various produce on site & CANNOT 100% guarantee for extreme allergies. If you have any questions, please do not hesitate to ask your server.
Seafood dishes may contain small bones.

JOHNNY FRANK'S

VEGAN MENU

Loaded Nachos (sharing) Guacamole, Salsa, Jalapeño Peppers	€13.50
BBQ Portobello Mushroom Sandwich Siracha Mayo, Red Onion, Crispy Cos Lettuce Brioche Bun, Chips (11 Wheat, 13)	€16.95
Butternut Squash & Chickpea Thai Green Curry White, Brown or Cauliflower Rice	€16.95
Roasted Vegetables & Tomato Penne Pasta Garlic Bread (11 Wheat)	€15.95
Roasted Mixed Root Veg & Bean Burger Basil Mayo & Avocado Lime Sauce, Chips (10 Walnut, 11 Wheat)	€16.50

Our chips are cooked in a dedicated fryer so are both gluten-free and vegan.

Vegan Cheese can be added to any dish as an extra.

Everything in our kitchen is cooked to order with fresh ingredients so it is not always fast food!

We use seasonal, local, and sustainable produce as much as possible. Some of our local suppliers include Iasc Uí Mhathúna, Terry's Butchers, Lee Strand, Clifford's and Lanes.

We are also lucky enough that our owner, Paddy O'Mathúna, owns a seafood company in Dingle, so we get our choice of fresh fish delivered to us every day.

Pre-orders are welcome for large groups or those in a hurry.

Please note for groups over six we cannot accommodate split bills.